



## Tips on Dr. Rey's Shapewear™

**Q:** How can I make my waist look slimmer?

**A:** Try our Waist Cincher. It reduces the size of your waist immediately & gives you a defined shape.

**Q:** My new dress clings. What can I do?

**A:** Try our High Waist Step In. It controls from chest to knee to give you a great, smooth shape.

**Q:** How can I remove the bulge between my bra & brief?

**A:** Try our high waisted styles. They control from below your bra to your waist.

**Q:** I have skirts & dresses with really low necklines, but they all show my bras. Do you have a solution?

**A:** Try our X-Treme Plunge Bodysuit. It is cut very low & will give you the support of a bra with fantastic cleavage.

**Q:** Can I make my hips look smaller?

**A:** Try our Step In. It controls hips & thighs as well as giving your bottom a lift to improve the shape of your hips.

**Q:** How do I get rid of my visible panty line?

**A:** Try our Step In. The built-in legs give you the smooth silhouette you're looking for.

**Q:** I have a flabby bottom. How can I improve the shape?

**A:** Try our Bottom Shaper Brief or Boyleg to add support and lift your bottom.

**Q:** How can I flatten my tummy?

**A:** All our instant shape garments have control panels that smooth your tummy & give you the shape you're looking for.

**Q:** My skirt is too tight? What can I do?

**A:** Try our Smooth Slip. It will smooth your hips & give you some added breathing space.

**Q:** Is there an easy way to put on my Shapewear?

**A:** The easiest way to put on some of the longer shapes is to treat them like hosiery. Fold over any no-ride hems as they will stick to your skin as you are trying to pull the garment up. Gather the garment as you do for your pantyhose, from the leg to the waist. Position the bottom & waist in place & unroll the rest of garment. Finally, position the no-ride hems.